

SOMP ESSAY PROGRAM FOR MAINS 2025

Find Your Natural Flow

At the heart of our approach is a simple promise: **we are not here to restrict your writing style or force you into a rigid mold.** Instead, our program is designed to help you **discover your unique voice and write in a way that feels authentic and natural.**

The UPSC essay paper rewards originality, depth, and the courage to express your thoughts honestly—qualities that flourish when you write from your natural flow, not from a template.

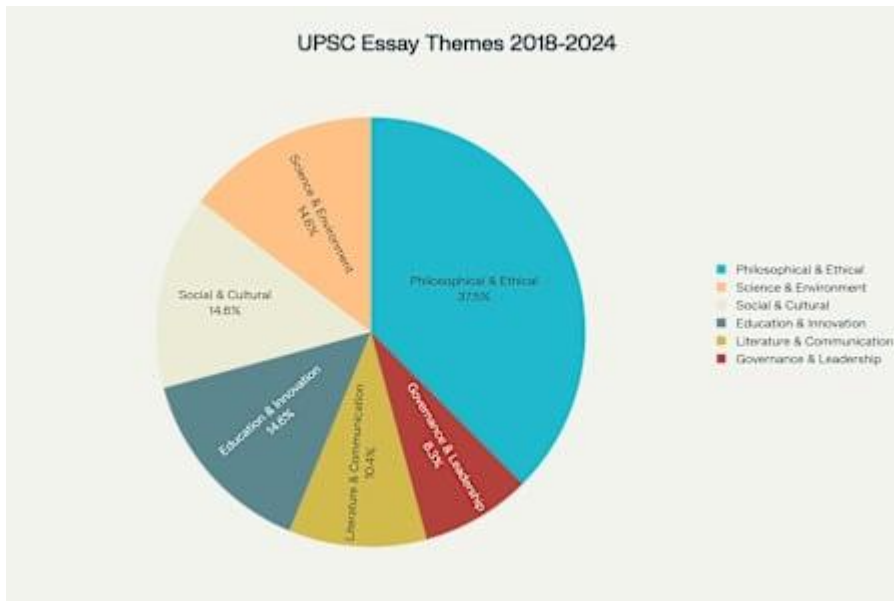
We believe that every aspirant has a distinct perspective shaped by their experiences, values, and worldview. Our role as mentors is to nurture this individuality, guiding you to develop clarity, structure, and multidimensionality in your essays—without ever compromising your personal touch.

Why This Program Works

Essay writing in the UPSC Mains is not just about information; it's about reflection, synthesis, and storytelling. Many candidates lose marks because they write mechanically, treating essays as long GS or Ethics answers. Our evidence-based program ensures you build both the content depth and the writing skills needed to maximize your marks by:

- Emphasizing theme-based enrichment from past UPSC trends.
- Encouraging natural, mentor-led writing over formulaic approaches.
- Fostering regular practice and peer feedback for continuous improvement.

What the Data Shows: UPSC Essay Trends (2018-2024)



A close analysis of recent UPSC essay papers reveals clear patterns:

- Philosophical & Ethical essays dominate, making up nearly 38% of all topics.
- Science, environment, social, and educational themes are consistently present, each accounting for about 15% of questions.
- Section A typically favors abstract and philosophical essays, while Section B leans toward contemporary and practical issues.

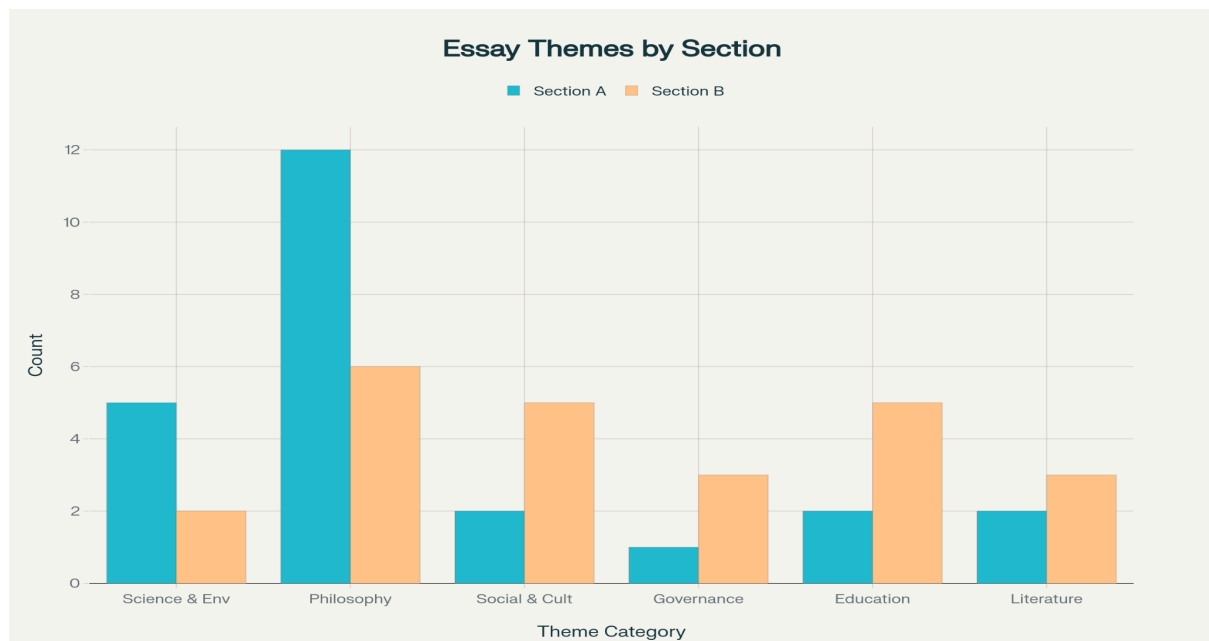
Theme-wise Distribution of UPSC Essay Topics (2018-2024):

Most Dominant Themes:

1. Philosophical & Ethical (37.5%) - 18 out of 48 essays
2. Science & Environment (14.6%) - 7 essays
3. Social & Cultural (14.6%) - 7 essays
4. Education & Innovation (14.6%) - 7 essays
5. Literature & Communication (10.4%) - 5 essays
6. Governance & Leadership (8.3%) - 4 essays

Section-wise Distribution of Essay Themes (2018-2024):

Section A Preferences	Section B Preferences
• Philosophical & Ethical: 12 essays (50% of Section A) • Science & Environment: 5 essays • Abstract and contemplative topics	• Social & Cultural: 5 essays • Education & Innovation: 5 essays • Contemporary and practical topics



Yearly Evolution Trends

- 2018-2019: Heavy emphasis on philosophical themes
- 2020-2021: Increased focus on technology and self-reflection
- 2022: Literary and communication themes emerged
- 2023: Education and innovation gained prominence
- 2024: Return to environmental and contemporary social issues

The 7-Session Integrated Plan

Structure

- 4 Philosophical Essay Sessions: Deep dives into abstract, value-based, and reflective themes.
- 2 General Sessions: Focus on science, society, governance, education, and contemporary issues.
- 1 Peer Review Session: Collaborative evaluation and feedback for real improvement.

DETAILED SCHEDULE FOR THE PROGRAM

#	Day & Date	Type	Theme	Key Brainstorming Topics
0	Sun, 15 jun 25	Introductory session		
1	Sat, 21 Jun 25	Philosophical	Virtues & Purposeful Living	❖ Be the change you want to see in others (2013) ❖ A good life is one inspired by love and guided by knowledge (2018) ❖ Not all who wander are lost (2023) ❖ Joy is the simplest form of gratitude (2017) ❖ Youth is a blunder, manhood a struggle, old age a regret. (1994) ❖ Useless life is an early death. (1994) ❖ Disinterested intellectual curiosity is the lifeblood of civilisation. (1995)
2	Sat, 28 Jun 25	Philosophical	Creativity & Human Potential	❖ Inspiration for creativity springs from the effort to look for the magical in the mundane (2023) ❖ All ideas having large consequences are always simple (2024) ❖ The pursuit of excellence (2001) ❖ Independent thinking should be encouraged right from childhood (2007) ❖ Our deeds determine us, as much as we determine our deeds. (1995)
3	Sat, 05 Jul 25	Philosophical	Abstract Thought & Ethics	❖ There is no path to happiness; Happiness is the path (2024) ❖ Reality does not conform to the ideal, but confirms it (2018)

				❖ Best for an individual is not necessarily best for the society (2019) ❖ Values are not what humanity is, but what humanity ought to be (2019)
4	Sat, 12 Jul 25	Philosophical	Decision Making & Character	❖ Nearly all men can stand adversity, but to test the character, give him power (2024) ❖ Visionary decision-making happens at the intersection of intuition and logic (2023); ❖ Discipline means success, anarchy means ruin (2008) ❖ Courage to accept and dedication to improve are two keys to success (2019)
5	Sat, 19 Jul 25	General	Science, Environment & Technology	❖ Forests precede civilizations and deserts follow them (2024) ❖ Alternative technologies for a climate change resilient India (2018) ❖ Rise of Artificial Intelligence: threat or opportunity (2018) ❖ Innovation is the key determinant of economic growth (2016)
6	Sat, 26 Jul 25	General	Social Issues, Governance & Education	❖ Girls are weighed down by restrictions, boys with demands (2023) ❖ Social media is triggering 'Fear of Missing Out' (2024) ❖ Education is what remains after one has forgotten what one has learned in school (2023) ❖ Destiny of a nation is shaped in its classrooms (2017)

7	Sat, 02 Aug 25	Peer Review	Peer Review & Feedback	❖ Mock peer review and feedback; Collaborative evaluation and improvement
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Unique Features

- **Mentor-Led, Human-Centric Approach:** Sessions are interactive, focusing on opening up multiple dimensions rather than enforcing a single style¹.
- **Theme-Based Content Building:** Each session covers umbrella themes, enabling you to tackle a wide range of essay topics with confidence.
- **Practice & Peer Review:** Regular essay writing and feedback ensure continuous growth and self-awareness.
- **Evidence-Driven:** All themes and strategies are grounded in a comprehensive analysis of past UPSC papers.

What You Can Expect

- **Comprehensive Coverage:** All major UPSC essay themes are addressed, with special focus on the most frequently asked types².
- **Skill Development:** Structured, mentor-led sessions help you write naturally, not mechanically.
- **Practice & Feedback:** Regular essay writing, brainstorming, and peer review build both confidence and competence.
- **Data-Driven:** Every aspect is evidence-based, maximizing your chances of scoring 130+ in the essay paper².

This program is your roadmap to mastering the UPSC Essay Paper in 2025. You will not just learn to write essays—you will learn to express yourself with clarity, depth, and authenticity. By finding your natural flow and building a strong thematic foundation, you will stand out in one of the most competitive papers of the exam

Course highlights

- Total 7 theme based sessions – Introduction to Conclusion.
- 7 single essay writing practice after the session
- 1 full length test at the end of the course.
- SOMP Essay book
- Fee - 7,000 /
- Starting from 15th June.
- NO REFUNDS ON FEES.